



WEEK 1	MONDAY	WEDNESDAY	FRIDAY
Soup Dessert	<i>Butternut Squash Soup</i> <i>Banana</i>	<i>Cream of Celery</i> <i>Chocolate Pudding</i>	<i>Vegetable Barley Soup</i> <i>Apple Crisp</i>
<b>Western</b>	<b>Chicken a la king</b> Rice & Vegetables	<b>Baked Potato with Bacon</b> Vegetables	<b>Beef Lasagna</b> Vegetables
<b>Vegetarian</b>	<b>Mushroom a la king</b> Rice & Vegetables	<b>Baked Potato with Broccoli + Cheese</b> Vegetable	<b>Vegetable Lasagna</b> Vegetables
<b>Asian</b>	Chinese Broth, Rice, Vegetables <b>Curry Chicken</b>	Chinese Broth, Rice, Vegetables <b>Sweet and Sour Pork</b>	Chinese Broth, Rice, Vegetables <b>Teriyaki Chicken</b>
<b>Chinese</b>	Chinese Broth, Rice, Vegetables <b>Braised Seafood Tofu</b>	Chinese Broth, Rice, Vegetables <b>Fish with Onion and Tomato sauce</b>	Chinese Broth, Rice, Vegetables <b>Steamed Egg with Seafood</b>
<b>Frozen Western</b> (no soup or dessert)	<b>Lemon Garlic Roasted Chicken Drumstick</b>	<b>Grilled Bavarian smokie</b>	<b>Beef Stew</b>

WEEK 2	MONDAY	WEDNESDAY	FRIDAY
Soup Dessert	<i>Tomato-Basil Soup</i> <i>Vanilla Pudding</i>	<i>Vegetable Tortilla Soup</i> <i>Carrot-cake</i>	<i>Minestrone Soup</i> <i>Maple Walnut Butter Tart</i>
<b>Western</b>	<b>Fried Chicken Thigh (boneless)</b> Potato & Vegetables	<b>Tuscan Orzo with Italian Sausage</b> Vegetables	<b>Beef Stroganoff</b> Egg Noodle & Vegetables
<b>Vegetarian</b>	<b>Fried Tofu</b> Potato & Vegetables	<b>Tuscan Orzo with Tofu</b> Vegetables	<b>Mushroom Stroganoff</b> Egg Noodle & Vegetables
<b>Asian</b>	Chinese Broth, Rice, Vegetables <b>Butter Chicken</b>	Chinese Broth, Rice, Vegetables <b>Meat Ball with Thai Shiso Sauce</b>	Chinese Broth, Rice, Vegetables <b>General Tso Chicken</b>
<b>Chinese</b>	Chinese Broth, Rice, Vegetables <b>Chicken with Green Onion</b>	Chinese Broth, Rice, Vegetables <b>Steamed Pork Patty</b> with Preserved Radish	Chinese Broth, Rice, Vegetables <b>Sponge Egg &amp; Black Fungus with Pork</b>
<b>Frozen</b> (no soup or dessert)	<b>Turkey with stuffing</b> Mashed potato & Vegetables	<b>Perogies with Bacon and Onion</b>	<b>Beef Shepherd's Pie</b>



WEEK 3	MONDAY	WEDNESDAY	FRIDAY
Soup Dessert	<i>Vegetable Rice Soup</i> <i>Chocolate Brownie</i>	<i>Cream of Potato</i> <i>Banana</i>	<i>Split Pea Soup</i> <i>Vanilla Yogurt with Mixed Berries</i>
<b>Western</b>	<b>Chicken</b> with Pasta Marinara Sauce Vegetables	<b>Baked Ham</b> Potato & Vegetables	<b>Tuscan Beef</b> with Beans Rice & Vegetables
<b>Vegetarian</b>	<b>Mushroom</b> with Pasta Marinara Sauce Vegetables	<b>Macaroni &amp; Cheese</b> Vegetables	<b>Tuscan Rice and Beans</b> Rice & Vegetable
<b>Asian</b>	Chinese Broth, Rice, Vegetables <b>Kung Pao Chicken</b>	Chinese Broth, Rice, Vegetables <b>Thai Yellow Curry</b>	Chinese Broth, Rice, Vegetables <b>Sweet and Sour Pork</b>
<b>Chinese</b>	Chinese Broth, Rice, Vegetables <b>Fish with Preserved Vegetables</b>	Chinese Broth & Rice <b>Steamed Egg with Seafood</b>	Chinese Broth, Rice, Vegetables <b>Steamed Fish and Tofu</b> with Ginger and Green Onion
<b>Frozen</b> (no soup or dessert)	<b>Fried Chicken</b> Drumstick Vegetables	<b>Pork</b> with Vegetables and Rice	<b>Herb Roasted Chicken</b> Thigh Rice & Vegetables

WEEK 4	MONDAY	WEDNESDAY	FRIDAY
Soup Dessert	<i>Moroccan Red Lentil Soup</i> <i>Banana Bread</i>	<i>Roasted Vegetable Soup</i> <i>Lemon Mousse</i>	<i>Home-Style Vegetable Noodle Soup</i> <i>Butterscotch Pudding</i>
<b>Western</b>	<b>Chicken</b> Pot Pie Vegetables	<b>Pork</b> Scallopini Rice & Vegetables	<b>Beef</b> Meatballs with Mushroom Gravy Potato + Vegetables
<b>Vegetarian</b>	<b>Veggie</b> Pot Pie Vegetables	<b>Tofu</b> Scallopini Rice & Vegetables	<b>Veggie</b> Meatball with Mushroom Gravy Potato + Vegetables
<b>Asian</b>	Chinese Broth, Rice, Vegetables <b>Teriyaki Chicken</b>	Chinese Broth, Rice, Vegetables <b>General Tso Chicken</b>	Chinese Broth, Rice, Vegetables <b>Meat Ball with Thai Shiso Sauce</b>
<b>Chinese</b>	Chinese Broth, Rice, Vegetables <b>Steamed Pork</b> Patty With Preserved Radish	Chinese Broth, Rice, Vegetables <b>Stir Fry Chicken</b> With Pumpkin	Chinese Broth, Rice, Vegetables <b>Sponge Egg &amp; Black Fungus</b> with <b>Pork</b>
<b>Frozen</b> (no soup or dessert)	<b>Tuna</b> Casserole	<b>Pork</b> loin Stuffing & Vegetables	<b>Honey Garlic</b> Boneless <b>Chicken</b>

## 2025 Schedule

<b>January 6 – 10</b>	Week 4		<b>April 7 – 11</b>	Week 1	
<b>January 13 – 17</b>	Week 1		<b>April 14 – 18</b>	Week 2	Good Friday CLOSED <b>Friday</b> April 18
<b>January 20 – 24</b>	Week 2		<b>April 21 – 25</b>	Week 3	Easter Monday CLOSED <b>Monday</b> April 21
<b>January 27 – 31</b>	Week 3		<b>April 28 – May 2</b>	Week 4	
<b>February 3 – 7</b>	Week 4		<b>May 5 – 9</b>	Week 1	
<b>February 10 – 14</b>	Week 1		<b>May 12 – 16</b>	Week 2	
<b>February 17 – 21</b>	Week 2	Family Day CLOSED <b>Monday</b> February 17 Staff Meeting CLOSED <b>Friday</b> February 21	<b>May 19 – 23</b>	Week 3	Victoria Day CLOSED <b>Monday</b> May 19
<b>February 24 – 28</b>	Week 3		<b>May 26 – 30</b>	Week 4	
<b>March 3 – 7</b>	Week 4		<b>June 2 – 6</b>	Week 1	
<b>March 10 – 14</b>	Week 1		<b>June 9 – 13</b>	Week 2	
<b>March 17 – 21</b>	Week 2		<b>June 16 – 20</b>	Week 3	
<b>March 24 – 28</b>	Week 3		<b>June 23 – 27</b>	Week 4	
<b>March 31 – April 4</b>	Week 4		<b>June 30 – July 4</b>	Week 1	Canada Day CLOSED Tuesday July 1

## 2025 Schedule

<b>July 7 – 11</b>	Week 2		<b>October 6 – 10</b>	Week 3	
<b>July 14 – 18</b>	Week 3		<b>October 13 – 17</b>	Week 4	Thanksgiving CLOSED <b>Monday</b> October 13
<b>July 21 – 25</b>	Week 4		<b>October 20 – 24</b>	Week 1	
<b>July 28 – August 1</b>	Week 1		<b>October 27 – 31</b>	Week 2	
<b>August 4 – 8</b>	Week 2	BC Day CLOSED <b>Monday</b> August 4	<b>November 3 – 7</b>	Week 3	
<b>August 11 – 15</b>	Week 3		<b>November 10 – 14</b>	Week 4	Remembrance Day CLOSED <b>Tuesday</b> November 11
<b>August 18 – 22</b>	Week 4		<b>November 17 – 21</b>	Week 1	
<b>August 25 – 29</b>	Week 1		<b>November 24 – 28</b>	Week 2	
<b>September 1 – 5</b>	Week 2	Labour Day CLOSED <b>Monday</b> September 1	<b>December 1 – 5</b>	Week 3	
<b>September 8 – 12</b>	Week 3		<b>December 8 – 12</b>	Week 4	
<b>September 15 – 19</b>	Week 4		<b>December 15 – 19</b>	Week 1	
<b>September 22 – 26</b>	Week 1		<b>December 22 – 26</b>	Week 2	CLOSED <b>December 24<sup>th</sup> – 26<sup>th</sup></b>
<b>September 29 – October 3</b>	Week 2		<b>December 29 – January 2</b>		CLOSED