

WEEK 1		MONDAY	WEDNESDAY	FRIDAY
		<i>Vegetable Soup</i>	<i>Moroccan Vegetable & Rice</i>	<i>Minestrone Soup</i>
	Western	Fried Chicken Thigh Mashed Potato and Corn	Perogies with Bacon and Onions Mixed Vegetables	Beef Chili Rice and Carrots
	Vegetarian	Fried Tofu Mashed Potato and Corn	Perogies with Onions Mixed Vegetables	Vegetable Chili Rice and Carrots
		<i>Chinese Broth + Rice</i>	<i>Chinese Broth + Rice</i>	<i>Chinese Broth + Rice</i>
	Asian	Curry Chicken	Sweet and Sour Pork	Teriyaki Chicken
	Chinese	Black Fungus with sliced Pork	Fish with Onion and Tomato sauce	Steamed Egg with Seafood
	Frozen	Shepherds Pie	Roast Pork Loin	Turkey Meatballs

WEEK 2		MONDAY	WEDNESDAY	FRIDAY
		<i>Cream of Vegetable Soup</i>	<i>Vegetable Barley Soup</i>	<i>Green Lentil Soup</i>
	Western	Chicken Stew Rice and Vegetables	Tuscan Orzo with Italian Sausage Green Beans	Beef Lasagna Peas and Carrots
	Vegetarian	Tofu Stew Rice and Vegetables	Tuscan Orzo with Tofu Green Beans	Vegetable Lasagna Peas and Carrots
		<i>Chinese Broth + Rice</i>	<i>Chinese Broth + Rice</i>	<i>Chinese Broth + Rice</i>
	Asian	Butter Chicken	Meat Ball with Thai Shiso Sauce	General Tso Chicken
	Chinese	Chicken with Green Onion	Steamed Pork Patty with Preserved Radish	Stir Fry Chicken With Pumpkin
	Frozen	Huli Huli Chicken Drumsticks	Ham & Cheese Frittata	Herb Roasted Chicken



WEEK 3		MONDAY	WEDNESDAY	FRIDAY
		Potato Soup	Lemon Orzo Soup	Tomato Soup
	Western	Honey Garlic Chicken Thigh Rice and Vegetables	Tex Mex Fried Rice with Pulled Pork Mexican Corn	Beef Stroganoff Egg Noodles and Vegetables
	Vegetarian	Honey Garlic Tofu Rice and Vegetables	Tex Mex Fried Rice with Beans Mexican Corn	Mushroom Stroganoff Egg Noodles and Vegetables
		Chinese Broth + Rice	Chinese Broth + Rice	Chinese Broth + Rice
	Asian	Kung Pao Chicken	Thai Yellow Curry	Sweet and Sour Pork
	Chinese	Fish with Onion and Tomato sauce	Steamed Egg with Seafood	Steamed Fish and Tofu with Ginger and Green Onion
	Frozen	Turkey with Stuffing	Italian Sausage with Tomato sauce	Hungarian Chicken

WEEK 4		MONDAY	WEDNESDAY	FRIDAY
		Split Pea Soup	Tortilla Soup	Vegetable Noodle Soup
	Western	Chicken Fettucine Alfredo Vegetables	Pork Cabbage Rolls Rice & Vegetables	Kebab Style Beef Patty Turmeric Rice and Vegetables
	Vegetarian	Mushroom Fettucine Alfredo Vegetables	Chickpea Cabbage Rolls Rice & Vegetables	Kebab Style Veggie Patty Turmeric Rice and Vegetables
		Chinese Broth + Rice	Chinese Broth + Rice	Chinese Broth + Rice
	Asian	Teriyaki Chicken	General Tso Chicken	Meat Ball with Thai Shiso Sauce
	Chinese	Steamed Pork Patty With Preserved Radish	Stir Fry Chicken With Pumpkin	Sponge Egg & Black Fungus with Pork
	Frozen	Beef Meatballs with Mashed Potato	Chicken Parmesan	Baked Ham with Scalloped Potatoes

2026 Schedule

July 6 – 10	Week 2		October 5 – 9	Week 3	
July 13 – 17	Week 3		October 12 – 16	Week 4	Thanksgiving CLOSED Monday October 12
July 20 – 24	Week 4		October 19 – 23	Week 1	
July 27 – 31	Week 1		October 26 – 30	Week 2	
August 3 – 7	Week 2	BC Day CLOSED Monday August 3	November 2 – 6	Week 3	
August 10 – 14	Week 3		November 9 – 13	Week 4	Remembrance Day CLOSED Wednesday November 11
August 17 – 21	Week 4		November 16 – 20	Week 1	
August 24 – 28	Week 1		November 23 – 27	Week 2	
August 31 – September 4	Week 2		November 30 - December 4	Week 3	
September 7 – 11	Week 3	Labour Day CLOSED Monday September 7	December 7 – 11	Week 4	
September 14 – 18	Week 4		December 14 – 18	Week 1	
September 21 – 25	Week 1		December 21 – 25	Week 2	CLOSED December 24th – 25th
September 28 – October 2	Week 2	National Day for Truth & Reconciliation CLOSED Wednesday September 30	December 28 – January 1	Week 3	CLOSED